

JApril Cup and Eastern Aerial Championships - January 23, 2009

Aerial Training Camp – Jan 21 – 23, 2009

Online Registration closes	www.easternfreestyle.org	1/21/2009 Wednesday at Midnight	11:59pm
Event Cost	\$55 – J'April Cup	\$70 – Eastern Aerial Champs	
\$15 Late Fee	Mandated by comp guide	You will be charged a late fee for all registrations received after date above at 11:59pm.	
Camp Information	Cost: \$150 for three days of coaching	Any non-Waterville athlete can come train for aerials at the OJC. The air site is the best place to train new tricks!	To register, e-mail Marissa Preston at marissa.lynn@mac.com . Payment is by cash or check to Freestyle America.
Spectator Information:		Olympic Jumping Complex - walk	
Lodging Information:		Econo Lodge – 518.523.2817 Courtyard Marriott – 518.523-2900 Golden Arrow Resort – 518-523-3353	
Special Notes:		Eastern Champs – Event 1 JApril Cup – Event 2 Combined winner wins the actual cup	
Date		Location	Time
Wednesday 1/21	Training tickets \$18	Paid to Freestyle America prior to arrival	
Wednesday 1/21	Hill Preparation	Olympic Jumping Complex	9:00 – 10:00am
Wednesday 1/21	Aerial Training	Olympic Jumping Complex	10:00am – Noon; 1:30 – 3:30pm
Thursday 1/22	Training tickets \$18	Paid to Freestyle America prior to arrival	
Thursday 1/22	Hill Preparation	Olympic Jumping Complex	9:00 – 10:00am
Thursday 1/22	Aerial Training	Olympic Jumping Complex	10:00am – Noon; 1:30 – 3:30pm
Friday 1/23 JApril Cup Eastern Aerial Championships	Registration	Olympic Jumping Complex Base Lodge	8:00 - 8:30am
	Course Preparation	Aerial Hill	8:30 – 9:30am
	Lifts Open	Tow Rope	9:30am
	Training	Aerial Hill	9:30 – 10:30am
	Eastern Champs	2 Runs Aerials F/M F/M	10:30 - Noon
	J'April Cup	2 Runs Aerials F/M F/M	12:30 - 2:30pm
	Awards Ceremony	OJC Base Lodge	3:30PM